



HORARIS GRUPS DE MANTENIMENT DIRIGITS



Corporació

Fisiogestió



Prova gratuïta:

Dia:

Hora:

INICI	DILLUNS	DIMARTS	DIMECRES	DIJOUS	DIVENDRES
08:00		POSTURAL TRAINING		POSTURAL TRAINING	
09:00		POSTURAL TRAINING		POSTURAL TRAINING	
10:00	VITAL TRAINING	VITAL TRAINING	VITAL TRAINING	VITAL TRAINING	
11:00		VITAL TRAINING		VITAL TRAINING	
	POSTURAL TRAINING	POSTURAL TRAINING	POSTURAL TRAINING	POSTURAL TRAINING	
14:00		HIPOPRESSIUS			
17:00		VITAL TRAINING		VITAL TRAINING	
18:00	POSTURAL TRAINING	POSTURAL TRAINING	POSTURAL TRAINING	POSTURAL TRAINING	
				HIPOPRESSIUS	
19:00		POSTURAL TRAINING		POSTURAL TRAINING	
		PILATES		PILATES	
20:00	POSTURAL TRAINING	POSTURAL TRAINING		POSTURAL TRAINING	POSTURAL TRAINING





PREUS GRUPS DE MANTENIMENT DIRIGITS



Corporació
Fisiogestió



GRUPS DE MANTENIMENT	DIES	PREU	SEMESTRE	PREU
POSTURAL TRAINING	2 dies / set.	30 € / mes	Bono semestral 2 dies / set.	168 €
	3 dies / set.	45 € / mes	Bono semestral 3 dies / set.	258 €
HIPOPRESSIUS	1 dia / set.	30 € / mes		
	2 dies / set.	40 € / mes		
PILATES	1 dia / set.	30 € / mes		
	2 dies / set.	40 € / mes		
VITAL TRAINING	2 dies / set.	30 € / mes	Bono semestral 2 dies / set.	168 €
POSTURAL KIDS	1 dia / set.	25 € / mes		
GRUPS COMBINATS		PREU		
1 dia / set. POSTURAL TRAINING + 1 dia / set. HIPOPRESSIUS		40 € / mes		
2 dies / set. POSTURAL TRAINING + 1 dia / set. HIPOPRESSIUS		45 € / mes		
1 dia / set. PILATES + 1 dia / set. HIPOPRESSIUS		40 € / mes		

